

JOB DESCRIPTION

DIRECTORATE: Families and wellbeing

SERVICE: Mental Health Outreach Team

POST DETAILS

Job Title: Support Worker/ Support, Time & Recovery Worker (STR)

Grade: Grade 5

Location of Work: NTH

Directly Responsible To: Team Manager

PRIMARY PURPOSE AND SCOPE OF THE JOB:

To provide targeted support to an allocated group of mental health service users, promoting recovery and reablement within their community environment. To work alongside health partners to help reduce hospital admissions and DTOC (Delayed transfer of care). To assist in the delivery of a range of arts and wellbeing activities and group therapies via the Creative Remedies programme.

WORKING RELATIONSHIPS

To work alongside mental health and adult services social care colleagues, service users, carers and partner agencies from the public, private and voluntary sector

KEY TASKS AND ACCOUNTABILITIES

1. Work with an allocated number of individual service users, proactively supporting recovery and social inclusion.
2. Work flexibly as a member of the team, liaising closely with mental health colleagues and other agencies
3. Work alongside service users to develop their individual mental health wellbeing stars and support plans with agreed goals, outcomes and timescales.
4. Positively promote independent living and social inclusion of service users within their neighbourhood, providing regular, practical support in signposting individuals to use local facilities, support groups and leisure facilities.

5. Assist service users to gain access to welfare rights, correct benefits etc. Assist individuals to manage their income appropriately.
6. To co facilitate time limited therapeutic groups and group activities linked to client wellbeing
7. Promote physical and mental wellbeing and healthy lifestyles.
8. Support service users to gain or retain employment or educational opportunities
9. Maintain client records / IT systems to ensure the provision of accurate, up to date information
10. Attend and actively participate in training sessions, team meetings, working groups, care/support plan reviews and supervision, as required
11. Be aware of and comply with statutory requirements, directorate and corporate policies
12. To undertake evening and weekend work as required.
13. Undertake such other work as may be determined by the Head of Service and or Strategic Director from time to time, up to or at a level consistent with the principal duties and responsibilities of the job.

REVIEW ARRANGEMENTS

The details contained in this Job Description reflect the content of the job at the date it was prepared. However, it is inevitable that over time, the nature of the jobs may change. Existing duties may no longer be required and other duties may be gained without changing the general nature of the post or the level of responsibility entailed. Consequently, the Council will expect to revise this Job Description from time to time and will consult with the postholder at the appropriate time.

Date Job Description prepared/revised: 09/11/2020

Prepared/revised by: Phil Redmond

Agreed Job Description Signed By Holder: _____
(To be signed only following appointment)

Date Job Description signed by Holder: _____